

6th November 2020

Personal Development and Wellbeing


Dear Parent/Carer

Barnardo's has launched a vital new support service which they believe will make a **positive** difference to the lives of many Black, Asian and minority ethnic children, young people and their families impacted by Covid-19.

This is a [UK-wide helpline](#) which will focus on issues specifically affecting children, young people and families from Black, Asian and minority ethnic communities, who as we all know, have been hardest hit by the pandemic. The new service is a free telephone helpline and web chat facility for children, young people and families from these communities who are suffering the long-lasting and wide-ranging impact of Covid-19. Barnardo's specialist advisors will aim to provide on-going support on a complex range of issues including mental health, bereavement, family breakdown, neglect, back to school, parenting advice, counselling, family stress, discrimination, barriers to services and more. You can find out more about the new helpline here: helpline.barnardos.org.uk/helpline

We hope that many of you will find this service useful.

Yours sincerely



Gloria Gold

Vice Principal – Personal Development