Information & Resources

Childnet International

A non-profit organisation working in partnership with others around the world to help make the internet a great and safe place for children. The Childnet website has a range of resources for young people, parents/carers and adults who work with children. **www.childnet.com**

A **Parents and Carers** section with key information and advice about online risks. **www.childnet.com/parents-and-carers**

A template **Family Agreement** and conversation starters to help families discuss online safety. **www.childnet.com/have-a-conversation**

UK Safer Internet Centre

Appointed by the European Union, the UK Safer Internet Centre raises awareness about online safety, develops resources and organises high profile events such as Safer Internet Day. **www.saferinternet.org.uk**

A **Parents' Guide to Technology** for managing devices and **Internet Parental Controls** videos. **www.saferinternet.org.uk/parent-tech**   **www.saferinternet.org.uk/parental-controls**

Free **Social Network Checklists** for privacy settings on Facebook, Twitter, Instagram and Snapchat. **www.saferinternet.org.uk/checklists**

CEOP Command

The National Crime Agency's CEOP Command tackle child sexual abuse and exploitation online. The website includes the **Click CEOP** report button that allows both adults and young people to make reports of actual or attempted abuse online. **www.ceop.police.uk**

CEOP's **Think U Know** site contains information for children of all ages, as well as parents/carers. **www.thinkuknow.co.uk**

NSPCC

If you have concerns about the online safety of a child then contact the **NSPCC helpline** on **0808 800 5002** or email **help@nspcc.org.uk.** **www.nspcc.org.uk**

Children can talk to someone for advice and support at any time by contacting **Childline** on **0800 1111** or chatting to a counsellor online at **www.childline.org.uk**.

A guide to what parents/carers need to know about the social networks and games their children use. **www.net-aware.org.uk**

Other useful sites for parents/carers

Internet Matters
www.internetmatters.org

Hwb
Hwb.gov.wales/onlinesafety

Common Sense Media (US)
www.commonsensemedia.org

Family Lives
www.familylives.org.uk

Where to report

Click CEOP—Grooming
www.ceop.police.uk

Internet Watch Foundation—Child Abuse Content
www.iwf.org.uk

UK Safer Internet Centre— Harmful Online Content
reportharmfulcontent.com

ParentPort—Unsuitable content in different media
www.parentport.org.uk

e: gareth.cort@swgfl.org.uk **w:** www.swgfl.org.uk

Supporting Your Child Online

Have A Conversation!

1. Listen
2. Help/support
3. Get cross? *(Always optional!)*

- Different doesn't equal wrong!
- Use real stories and news as a way in.
- Discuss feelings honestly.
- Start with a statement rather than an accusation.
- Scaremongering rarely gets results.
- Be a **role model**
- Reinforce **positive behaviour**.

Online Risks

Conduct Issues:

- Digital Footprints
- Personal Information
- Illegal Downloading
- Sexting

Advice:

- **Manage accounts** together
- Check **privacy settings and policies** on social networks
- Encourage your child to **think before they post/share**
- Use legal alternatives – **getitrightfromagenuinesite.org**
- **Seek advice and help** from school/police
- Draw up a **family agreement** to set expectations

Content Issues:

- Adult content
- Extremist content
- Games and Apps
- Inaccurate information

Advice:

- **Try not to overreact!**
- **Bookmark sites** to help children get to what they want
- Explore **filtering and parental control** options
- **Discuss these issues** with your child
- Become familiar with the **PEGI ratings** on games and apps
- **Read app reviews** to determine if they are suitable
- Support your child to be a **critical thinker** online

Contact Issues:

- Online friendship
- Geolocation
- Grooming
- Online bullying

Advice:

- **Challenge online friendship**—which 'friends' are strangers?
- Explore location settings and **use with care**
- **Discuss cyberbullying**; remind to always **tell** an adult
- **Always tell a parent/carer** if they want to meet up
- **Report** any grooming suspicions to the **police/CEOP**
- **Save evidence** of online bullying as proof
- Help your child to be **respectful** online