



Summer Activities

To help keep you stimulated during this period and over the summer holidays, I have pulled together a list of interesting MOOCS (online learning courses) from [Future Learn](https://www.futurelearn.com/) for you to scan and to take part in any that take your fancy. These are a really great way of expanding your knowledge, skills and placing additional information on your C.V. to help you to stand out to employers. It shows that you are motivated, committed and proactive with your learning and can organise your time productively and are proactive. If nothing takes your fancy, then why not take a look yourself and see what else is on offer and try something brand new? <https://www.futurelearn.com/>

I have picked out some which may be of interest to you, but do search yourself.

Introduction to Production Design for Film and Screen

Explore the craft of Production Design with award-winning filmmakers and learn how it adds meaning and depth to screen stories.

<https://www.futurelearn.com/courses/production-design>

Explore Animation

Learn animation techniques, including stop motion, 2D, CGI and pixilation, with award-winning animators, in this NFTS course.

<https://www.futurelearn.com/courses/explore-animation>

Principles of animation

<https://www.futurelearn.com/courses/explore-animation/0/steps/12228>

Digital Skills: Social Media

Learn how to use social media for business, from creating a social media presence to measuring success.

<https://www.futurelearn.com/courses/digital-skills-social-media>

Electrical Engineering: Sensing, Powering and Controlling

Get a taste of an electrical engineering degree. Build your confidence in communicating ideas and using technical vocabulary.

<https://www.futurelearn.com/courses/electrical-engineering>

ABC of Flight Mechanics: How Do Planes Fly?

Discover how airplanes work and explore simple flight mechanics: from take-off and landing, to the physics of flight.

<https://www.futurelearn.com/courses/flight-mechanics>

The Science of Nuclear Energy

Discover the science behind nuclear energy and its role in energy provision in the past, present and future.

<https://www.futurelearn.com/courses/the-science-of-nuclear-energy>

Discovering Science: Atmospheric Chemistry

What can we learn about Earth, and other planets in and beyond our solar system, by studying their atmospheres?

<https://www.futurelearn.com/courses/discovering-science-atmospheric-chemistry>

Biochemistry: the Molecules of Life-

Explore the impact of biochemistry on bioenergy and health, discovering why graduates are in demand; with the Biochemical Society.

<https://www.futurelearn.com/courses/biochemistry>

Forensic Psychology: Witness Investigation

Discover how forensic psychology helps obtain evidence from eyewitnesses in police investigations and prevents cases of injustice

<https://www.futurelearn.com/courses/forensic-psychology> Starts on 13th July 2020

Incarceration: Are prisons a suitable punishment?

Explore life inside UK prisons. Learn whether this type of punishment reduces crime and if rehabilitation can prevent reoffending.

<https://www.futurelearn.com/courses/incarceration-prisons-suitable-punishment>

Introduction to Nursing: The Role of Nurses Around the World

Understand the role of nurses: from personal care, to supporting families and communities, to public health and infection control. <https://www.futurelearn.com/courses/nursing> - Check the dates for this- next one is the 3rd of August.

Sessions to support your next steps

Mindfulness for Wellbeing and Peak Performance

Learn mindfulness techniques to reduce stress and improve your wellbeing and work/study performance in this online course.

<https://www.futurelearn.com/courses/mindfulness-wellbeing-performance>

How to Succeed at: Interviews

This free three week course provides the tools you need to succeed at interviews and land your dream job or course place.

<https://www.futurelearn.com/courses/interviews>

What to wear at interview <https://www.futurelearn.com/courses/interviews/0/steps/5419>

Top video interviews As with telephone interviews, video interviews are becoming more popular with organisations and institutions as part of the recruitment process.

<https://www.futurelearn.com/courses/interviews/0/steps/5430>

How to Succeed at: Writing Applications This free three week course will help you produce a perfect CV, application and online profile when applying for a job or course.

<https://www.futurelearn.com/courses/writing-applications>

Use STAR Use the 'STAR' technique to help you structure your answer:

<https://www.futurelearn.com/courses/writing-applications/0/steps/5405>

Improve your digital footprint: Social media offers great opportunities to develop your employability and many employers are now using it to find new recruits. Social media could play an important role in helping you find a job, therefore it's essential you know how to use it to your advantage.

<https://www.futurelearn.com/courses/writingapplications/0/steps/5393>

Here are some activities and information from other sites.

The Big Guide to C.V Writing: <https://targetjobs.co.uk/careers-advice/applications-and-cvs/667275-the-big-guide-to-cv-writing-make-our-template-your-own>

NHS and related careers

Observe GP is an alternative to work experience for aspiring medics aged 16 and over, who are living in the UK. It is a free interactive video platform providing insights into the role of a GP and the wider primary care team.

https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx?fbclid=IwAR1Wfg9Q3UsJa1UzPbsQTWpdh--7p09kaEuxot8yK7bsxaKEAayUL_CCxpM

Virtual Work Experience:

This course provides a 'virtual' work experience for those looking to apply to medical school. You will be introduced to the NHS before exploring the roles and skill sets of six different medical specialists. Along the way, you will also consider some of the challenges and wider issues doctors face.

<https://bsmsoutreach.thinkific.com/courses/VWE?fbclid=IwAR3YSZ1eECM6YN5XUHPo7SMkq0BfOrNoN7Ab-WYiOJwDWSnTsLwJNI7EADg>

Research what it is like to work for the NHS with REAL LIFE stories: research to help you gain a deeper insight into the work of different roles in the NHS to help with careers planning.

<https://www.stepintothens.nhs.uk/careers/real-life-stories?fbclid=IwAR25QlAriW8YgjbqQCqEkVi3ZECKJ-2ieRt2vTXI2V1rZZPYh97rSjCQiw>

Explore different roles in the NHS: Subscribe to Health Careers on Youtube to see what the professionals say about their different roles:

<https://www.youtube.com/channel/UCxGgYSuq0XR0siPOJVq8trQ>

Investigate the abundance of jobs within The NHS: 350 Careers, One Future:

https://www.healthcareers.nhs.uk/career-planning/resources/350-careers-one-nhs-your-future-0?fbclid=IwAR1RFCzxGhG75GI0AsPMog3mGIRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

Oak National Academy – Take a look at the recorded sessions for each day. Monday is Explore 1: Creative, Digital, Engineering, Manufacturing and Construction. Take a look at the others across each day, remember every opportunity to increase your knowledge of careers and develop your skills is an opportunity worth taking!

<https://classroom.thenational.academy/year-groups/year-10/work-experience>

Virtual work Experience

Virtual Work Experience: Freeformers Virtual Work Experience gives you a unique opportunity to gain work experience in a company that you might not normally get access to while highlighting the essential skills you might need. You'll get to see the inner workings of Freeformers, a 'digital transformation' agency, and actively work with different departments on one exciting project, helping them solve problems and complete real-life tasks.

https://barclayslifeskills.com/i-want-virtual-work-experience/school/virtual-work-experience/?fbclid=IwAR1RFCzxGhG75GI0AsPMog3mGIRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

Virtual Work Experience for Law Students: https://www.thelawyerportal.com/free-guides/law-work-experience/virtual-work-experience-for-law-students/?fbclid=IwAR1RFCzxGhG75GI0AsPMog3mGIRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

Virtual work Experience for students interested in Architecture and Design:

<https://workexperience.hfm.co.uk/>

S4S Next Gen

<https://www.s4snextgen.org/>

Check out LearnLive UK for an abundance of information videos and live events from different industries and careers: <https://learnliveuk.com/channel/>

Employability and further information

Research Higher level 3 and Degree level 6 Apprenticeships:

<https://www.gov.uk/government/publications/higher-and-degree-apprenticeships>

Look at the Youth Employment UK to get support and boost your employability skills:

<https://www.youthemployment.org.uk/young-professional-training/>

Ten skills you might not know you had <https://www.bbc.co.uk/bitesize/articles/zfpxt39>

Look at your personality type www.16personalities.com/free-personality-test

Students interested in anatomy, biology and maybe thinking of medicine. They have some online free live sessions every Tuesday and Thursday at 10.00a.m

https://www.premedprojects.co.uk/premed-projects-live-tv?fbclid=IwAR2H9h_lPvPhGq71y68G8t5XMUeKQhZ19JTU_5SlaZH5q78VJlwyHv1Pg0

The low-down on apprenticeships <https://www.bbc.co.uk/bitesize/articles/z4n7kmn>

What is a degree apprenticeship and is it right for me?

<https://www.bbc.co.uk/bitesize/articles/z7mrf4j>

Four jobs that could save the planet <https://www.bbc.co.uk/bitesize/articles/zm63xyc>

Do some research on careers, assess your skills: <https://nationalcareers.service.gov.uk/>

Getting a job in production: <https://www.bbc.co.uk/careers/help/getting-a-job-in-production>

There's a career for you in the creative industries

Look into different jobs within the creative careers sector:

<https://discovercreative.careers/#/>

I want a creative career what are my options?

<https://targetcareers.co.uk/careers-advice/choosing-your-career/313433-i-want-a-creative-career-what-are-my-options>

Have a listen to some podcasts - keep up-to-date with the new podcasts covering career related topics:

<https://anchor.fm/amy-b13>

<https://anchor.fm/apprentice-talks>

<https://castbox.fm/va/2737743>

Capgemini have created a mock digital interview for students. Digital Interviews are the norm for at least the initial stages of recruitment so this is a chance for the students to check it out and see what its like.

<https://capgemini.hirevue.com/signup/j23gtr78S5GSvJv4L66chJ/>

Not sure of what your career could be?

<https://www.ucas.com/careers/buzz-quiz>

<https://www.prospects.ac.uk/job-profiles>

Careers

<https://www.goconstruct.org/> Careers in construction

<https://www.thetechpartnership.com/> The IT sector

<http://www.futuremorph.org/> Science, technology, engineering and maths careers

<https://tomorrowsengineers.org.uk/> Engineering careers

<https://www.tomorrowsengineers.org.uk/students/meet-the-future-you-careers-quiz/>

<http://www.sciencecareerpathways.com/home/> Science careers

<https://ccskills.org.uk/careers> Creative careers

<https://creativeskillset.org/> Screen based careers (tv, film, digital)

<http://careers-in-business.com/> Business careers

<https://www.lawcareers.net/solicitors/workplacementSchemes> Careers in law

<https://motorsport.nda.ac.uk/> Careers in motorsport

<https://www.airbus.com/> Careers in Aerospace

British Forces

Careers in the RAF:

https://www.raf.mod.uk/recruitment/find-your-role?gclid=Cj0KCQjw0Mb3BRCaARIsAPsNGpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_EhQcM_U3Om74zAeAaAvtLEALw_wcB&cid=semp2556812476&utm_medium=PaidSearch&utm_source=Google&utm_campaign=BLG18-JuniorEntry&utm_content=TextAd-College&ef_id=Cj0KCQjw0Mb3BRCaARIsAPsNGpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_EhQcM_U3Om74zAeAaAvtLEALw_wcB:G:s&s_kwcid=AL!8141!3!357790206956!e!!g!!h_arrogate%20army%20college&gclid=aw.ds

Careers in the British Army:

<https://apply.army.mod.uk/base>

https://apply.army.mod.uk/how-to-join/entryoptions/soldier-junior-entry?gclid=Cj0KCQjw0Mb3BRCaARIsAPsNGpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_EhQcM_U3Om74zAeAaAvtLEALw_wcB&cid=semp2556812476&utm_medium=PaidSearch&utm_source=Google&utm_campaign=BLG18-JuniorEntry&utm_content=TextAd-College&ef_id=Cj0KCQjw0Mb3BRCaARIsAPsNGpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_EhQcM_U3Om74zAeAaAvtLEALw_wcB:G:s&s_kwcid=AL!8141!3!357790206956!e!!g!!h_arrogate%20army%20college&gclid=aw.ds

Careers in the Royal Navy <https://www.royalnavy.mod.uk/careers/levels-of-entry>

Great website for automotive industry : <http://www.autocity.org.uk/>

Applying For An Apprenticeship: A Cheat Sheet <https://creativealliance.org.uk/applying-for-anapprenticeship-a-cheat-sheet/>

ITV work experience explained- <http://www.itvjobs.com/denied/work-experience/>

Building Engineering Services Association Training (BESA Training) is the main apprenticeship training provider for the Building Services Engineering sector which covers heating and ventilating, air conditioning, refrigeration and electro-technical industries.
<https://www.thebesa.com/training>

Engineering Construction Industry Training Board (ECITB) for craft and technician apprenticeships in engineering construction, from welding to electrical and mechanical maintenance.

Visit their main site or **Engineering Construction Careers**, their careers website.
<https://www.ecitb.org.uk/apprenticeships-careers/>

You're A-Z guide to careers in the construction industry - <https://www.goconstruct.org/>

Enjoy the pack, hopefully there is something for you! Remember, should you need any support or guidance with anything careers or course related, do get in touch.