

14th January 2022

Further update on ending isolation early with LFD test (5 full days)

Further to the message sent to you on Monday this week, the government has now announced that from Monday 17 January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if a learner or staff member tests negative on the morning of day 5 and the morning of day 6, they can return to College immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be reported to NHS Test and Trace ([gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result)) and LDE UTC (tinyurl.com/LDEhomeTestResult).

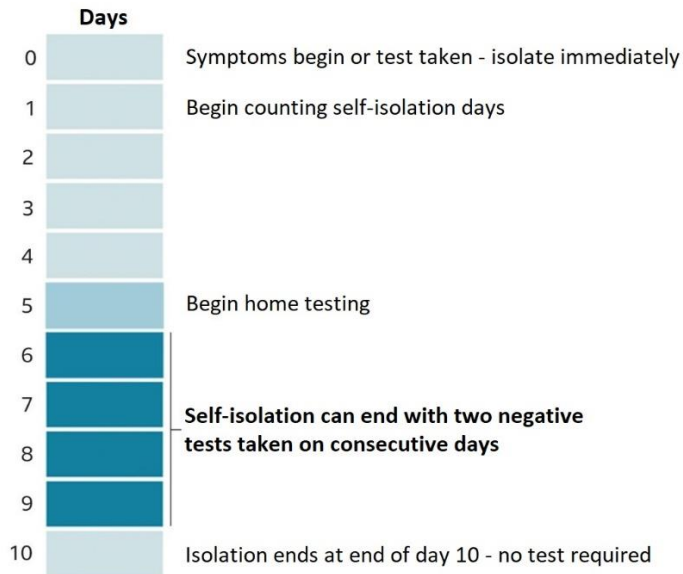
If the result of either of your tests is positive, you should continue to self-isolate until you get negative results from two LFD tests on consecutive days or until you have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

For learners isolating please email absence@ldeutc.co.uk and staff isolating should email cover@ldeutc.co.uk once you receive your second negative LFD on two consecutive days, to confirm that you will be returning to College.

Further [information on self-isolation for those with COVID-19](#) is available. See below a simple infographic showing how to end your isolation early.

How five-day isolation rule works in England



Source: NHS

As you can see, the guidance and rules are changing rapidly - we will continue to do our best to keep you all informed.

I'll end with a quick reminder again that young people aged 12 to 15 are being offered a second dose of the Pfizer-BioNTech COVID-19 vaccine at a minimum of 12 weeks from the first dose. Parents can book vaccinations for their child, if aged 12 or over, through the [NHS Booking System](#).

Yours sincerely,

Geoffrey Fowler
CEO & Principal LDE UTC